

## INSOO KIM BERG

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### **Business:**

Brief Family Therapy Center  
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### **Education**

1950-1953 Ewha Women's University, Seoul, Korea  
1967 B.S., University of Wisconsin-Milwaukee  
1969 MSSW, University of Wisconsin-Milwaukee

### **Post Graduate Training**

1974 Graduate, Family Institute of Chicago/Center for Family Studies  
1974 Menninger Foundation, Topeka, KS on group therapy  
1975 Brief Therapy Center, Mental Research Institute, Palo Alto, CA

### **Employment**

1969-1980 Family Service of Milwaukee  
1978-present Co-founder, Executive Director, Brief Family Therapy Center

### **Professional Activities**

1974-77 Consultant, Counseling Center of Milwaukee  
1975-78 Consultant, Behavioral sciences, Family Practice Clinic, Deaconess Hospital, Milwaukee  
1976-78 Lecturer, Department of Sociology, Marquette University  
1976-78 Seminar Leader, Family Crisis Team Project, Milwaukee County Children's Court Probation Dept. LEAA Funded Project  
1978-81 Consultant, Lakeside Family & Children's Center, A Residential Treatment Center

- Consultant, Sojourner Truth House, A Battered Women's Shelter
- 1979-82 Consultant, Milwaukee County Children's Court
- 1980-81 Consultant, Task Force on Sexual Abuse of Children
- 1980-93 Editorial Board, Journal of Systemic and Strategic Therapy
- 1980-90 On-site Visit Team, Commission on Accreditation, AAMFT
- 1981-85 Member, Commission on Supervision, AAMFT
- 1982-84 Member, Board of Directors, WAMFT
- 1982 Conducted workshop on brief therapy in Birmingham, England and Oslo, Norway (with de Shazer)
- 1982-85 Chair, Public Relations Committee, WAMF
- 1983-88 Adjunct Faculty, Criminal Justice Institute, U of WI - Milwaukee
- 1984 Consultant, El Paso county Dept. Of Social Services, Colo Springs, CO
- 1984-89 Lecturer, School of Social Welfare, Graduate Program in Marriage & Family Therapy
- 1985-86 Consultant, Safepath, a shelter for Sexually Abused Adolescents
- 1985 Chair, Commission on Supervision, AAMFT
- 1985-92 Consultant, Guest House, a Shelter for the Homeless
- 1985-88 Peer Review, CHAMPUS
- 1986-93 Consultant, Family Counseling Program, Milwaukee Public Schools
- 1986 Conducted workshops on brief therapy in: Sendai, Japan; Heidelberg, Germany; Jerusalem, Israel; Wisconsin Assoc. of School Psychologists and many others.
- 1987-88 Member, Ethnic Minority Committee, AAMFT
- 1987-88 Consultant, Palmyra-Eagle School district

- 1987 Conducted workshops on Brief Therapy in:  
Hong Kong; Korea; New York city; Vienna; Salzburg;  
Amsterdam; Hamburg; Oslo, Copenhagen; and Malmö, Sweden
- 1988 Consultant, Children's Service Society of Wisconsin  
  
Consultant, Heroine Addiction Treatment Program in Malmö,  
Sweden
- 1988-89 Trainer & consultant, Milwaukee county Dept. Of Human  
Services, Protective Services, Family Based In-Home Treatment  
Unit
- 1988-92 Primary Investigator, Brief Treatment of Homeless Chronic  
alcohol Abuse
- 1988 Conducted workshops on Solution-Focused Brief Therapy in:  
Milwaukee, Madison, Green Bay, New York City, Portland,  
Denver, Aspen, Salzburg, Seoul, Hong Kong, Little Rock, Boise,  
Seattle, WA
- 1989-90 Chair, Ethnic Minority Committee, AAMFT
- 1989 Conducted workshops on Solution-Focused Brief Therapy in:  
Hong Kong, Omaha, Lawrence, KS; Prince Williams County,  
VA; Minneapolis, Raleigh; Detroit; Tasmania, Brisbane, Sydney,  
Adelaide, Canberra, San Francisco, Pittsburgh, Salzburg
- 1989 Author, Manual for Family Based Services, Milwaukee county  
Dept. Of Human Services. Protective Services Unit
- 1990 Conducted workshops on Solution-Focused Therapy in:  
Oklahoma City, Rhinelander, Prince Williams County,  
Washington, DC; Hong Kong, Korea, Japan, Dayton, El Paso,  
Bremen Berlin, Salzburg, Aahus, Copenhagen, Boston, Detroit,  
Portland, OR; Dayton, Grand Rapids; Marathon County, WI
- 1991-present Editorial Board, Topics in Family Psychology and Counseling
- 1991 Consultant & Trainer, POWER Project, In-Home treatment of  
cocaine abusing pregnant women, a demonstration project  
  
Conducted workshops on Solution-Focused Brief Therapy in:  
Lansing, Stockholm, London, Nova Scotia, Seattle, Helsinki and  
Tampere, Finland, Grand Rapids, Amman, Sydney, Springfield,  
Chicago, Madison, Washington, DE, Seattle, Albuquerque,  
Halifax & Cape Briton, Ludz, Poland.

Visiting Professor, Flinders University Medical Center, Adelaide, Australia.

Plenary Speaker, AAMFT, Annual Conference in Dallas, TX

Invited Presenter, The World Family Therapy Congress, Jyvaskala, Finland. “Ethnic Minority Families in Treatment”

- 1992 Conducted Workshops on Solution-Focused Brief Therapy in: Toronto, Ft. Lauderdale, Fargo, ND; Rapid City, SD, Salzburg, Brugge, Oslo; Malmo; Stockholm; Helsinki; Copenhagen, Dayton, Concord, H; Salt Lake City, UT; Oklahoma City; Niagara Falls City; Seattle; Anchorage, AL; Cedar Rapids, IA; Chicago, Albuquerque; Bremen, Budapest; Seoul, Hong Kong
- 1993 Conducted Workshop on Brief Therapy in: Toronto; Portland; Dayton; Oslo; Heidelberg; Atlanta; Pittsburgh; Baton Rouge; Flint, MI; Lansing; Los Angeles; Houston; Nehwah, NJ; Oulo, Finland; Tulsa, Akron; Minneapolis; Cleveland; Concord, NH; Bremen; London; Seoul; Hong Kong
- 1994 Conducted workshops on Solution-Focused Brief Therapy in: Toronto, Lansing, Akron, Cleveland, Vancouver; Dayton; Ottawa, Washington, DC; Brugge, Euskirchen; Salzburg; Helsinki; Zurich; Grand Rapids; Sacramento; Detroit; Oslo; Cedar Rapids; Albuquerque; Denver; Baltimore; Jackson; Portland; Bremen; Stockholm; Helsinki, Moscow.
- 1995-present Consultant & Trainer, Child Protective Services Div. State of Michigan Department of Social Services
- Consultant & Trainer on Solution-Focused Brief therapy in: Jackson; Denver; Minneapolis; Tulsa; Raleigh; Toronto; Kitchener; Tampa; Norfolk; Hamburg; Munich; Oslo; Wausau, Poland; Yakima; Atlanta; Orlando; Los Angeles; Victoria, BC; Fukuoka, Japan; Seoul; Bremen. Corpus Christi; Prague; Chico, CA; Wakayama; Kalamazoo; St. Louis.
- 1996 Salzburg; Bremen; Hamburg; Bremen; Toronto; Portland, RI; Stockholm; Austin; St. Petersburg, FL; Oslo; Ft. Wayne, IN; Paris; Omaha; Cape Cod; Fukuoka; Winston-Salem; Lawrence, KS; Oslo; Gottenburg, Malmo, Sweden; Syracuse; Yakima, WA; Seattle; Los Angeles; Cincinnati, OH; Duluth, MN; Boston; Lansing; San Francisco, Denver.
- 1997 Grand Rapids; Helena, MT; Redding, CA; Tulsa, OK; Davenport; Miami; Marquette, MI; Malmo, Sweden; Winterthur, Switzerland; Cheney, WA; Albany, NY; Manchester, NH; Stockholm;

Minneapolis; Boston; Cape Cod; San Francisco; Buffalo, NY; Denver; Wichita, KS; Saratoga Springs, NY; Trondheim, Sandefjord, Norway; Brugge; Minneapolis; Sydney, Melbourne; Christchurch, N.Z; Hong Kong; Fukuoka; Seoul; Tokyo; Chicago; San Francisco.

1998 Bremen; Fargo, ND; Dallas, TX; Redding, CA; Sacramento; Los Angeles; Lincoln, NE; Turku; Helsinki; Amsterdam; Paris; Munich; Oslo; Stockholm; Fort Bragg, NC. Lyon, France; Copenhagen; Dusseldorf; Munster; Oklahoma City; Cape Cod, MA; Door County, WI; Trondheim, Oslo; Helsinki; Berlin; Duluth, MN; San Diego, CA; Buffalo, NY, Boston; Fukuoka, Tokyo, Japan; Hong Kong.

Trainer: Wisconsin Div. Of Corrections (Juvenile and Adult Probation and Parole Officers)

1999 Consultant & Trainer: Wisconsin Division of Corrections; St. Aemillion-Lakeside Home, Milwaukee (Residential Treatment Home for Children); The Bridges, Atlanta (Residential Treatment Home for Children); Wraparound Milwaukee (Community-based services for children)

Conducted workshops and training in Solution-Focused Brief Therapy in:  
Munich, German; Atlanta; Palm Beach, FL; Seattle, WA; Victoria, Canada; Family Therapy Networker Symposium in Washington, DC; Copenhagen, Denmark; Utrecht, Holland; Colon, Germany; Oslo, Norway; Montreal, Canada; Ann Arbor, MI; Alexandria, VA; U. S. Army Family Life Education Center, VA; Toronto, Edmonton, and Yellowknife, Canada; Burlington, VT; Duluth, MN. Paris, St. Malo, France; Ludz, Poland; Dublin, Ireland; Seoul, Korea; Nagoya, Fukuoka, Japan; Singapore; Munich & Bremen, Germany.

Consultant: Michigan Family Independence Agency (formerly Social Service Dept) for "Partnership for Safety."

Consultant: St. Aemillian-Lakeside Center (Residential Treatment Center)

Consultant: New Ventures, Milwaukee (Child Welfare Agency)

2000 Consultant to Milwaukee Wraparound (Family treatment of sexually aggressive adolescents in the community). Milwaukee

Women's Center

Michigan Family Independence Agency on Child Protection Services.

Conducted workshops, symposium, panel discussions in following cities:

Loma Linda University, CA; Toronto, Vancouver, Canada; Glasgow, Scotland; London; Copenhagen, Denmark; Singapore; Kingston, NY; Denver, Co; Rotterdam and Utrecht, Holland; Paris; Wurtzburg, Germany; Vail, CO; International Family Therapy Congress in Oslo, Norway; Concord, NH; Child Abuse Treatment Conference in San Diego, CA; Sacramento, CA; Toronto, Canada; Bern and Winterthur, Switzerland; Montreal, Canada; Syracuse, NY; Seoul, Korea; Fukuoka and Nagoya, Japan; San Francisco, CA

2001 Conducted workshops, symposiums, panel discussions, key note address in following cities:  
Takamatsu, Japan; Seoul, Korea; Toronto, Canada; Copenhagen, Helsinki; Paris, France; Sacramento, CA; Albuquerque, NM; Birmingham and Manchester, UK; Grindelwald, Switzerland; Utrecht, Netherlands; Mexico City, Mexico; Sydney, Nova Scotia; Brugge, Belgium; LaHavre, France; New Haven, Conn.; Door county Summer Institute, WI; Santa Cruz, CA; Boston, MA; Dublin, Ireland; Bern and Grundhof, Switzerland; Osaka, Japan; Seoul, Korea; Singapore; Taipei and Hua-Lien, Taiwan; Terrytown, NY; Bloomfield, MI.

Consultant, Michigan Family Independence Agency

### **Professional Organizations**

American Association for Marriage & Family Therapy - Clinical Member and Approved Supervisor

Wisconsin Association for Marriage & Family Therapy

National Association for Social Workers

European Brief Therapy Association

### **Editorial Board Activities**

Editorial Board, Journal of Marital and Family Therapy

Family Psychology and Counseling Series

Guest Editor, Families in Society

Editorial Advisory Board, Family Process

Special Awards: Japanese Association for Brief Psychotherapy, 2001

## **Publications**

- Nunnally, E. & Berg, I.K., (1983). We tried to push the river. In Journal of Strategic & Systemic Therapies.
- Berg, I.K. & Walter, J., (1984). Doing is knowing: Training model for systemic therapists. In Zietchrift fur Systemische Therapie.
- Berg, I. K., (1984). In memorium: Resistance. In Nov-Dec, Family Therapy News, publication of American Association for Marriage & Family Therapy
- Berg, I. K., (1985). Helping referral sources to help. In Family Therapy Networker, June.
- de Shazer, S. & Berg, I. K., (1985). A part is not apart: Working with only one of the partners present. In A. Gurman (ed), Casebook of Marital Therapy. New York: Guilford Press
- Berg, I. K., (1986). Views across the Pacific. In Forum on Family Therapy, Family Therapy News, Sept-Oct.
- Berg, I.K., (1988). Marital therapy with one spouse or both. In Nunnally, E. (Ed), Families in Trouble, vol 3. San Francisco: Sage Publication
- Berg, I.K., (1988). Brief treatment of homeless alcoholic: A case. In Zeitschrift fur Systemische
- Berg, I. K., (1990) Manual for Family Based Services, Milwaukee Dept. of Social Services, Milwaukee, Wisconsin
- Berg, I. K., (1990). Die Katze im Sack (Let the seller beware: consultation in the schools). In Systeme, Jg, 4, Heft 1/90
- Berg, I.K., & Gallagher, D., (1991). Solution-focused brief treatment with adolescent substance abusers. In Todd, T., & Selekman, M (ed), Family Therapy Approaches with Adolescent Substance Abusers. Needham Heights, MA: Allyn & Bacon
- Berg, I. K. & Hopwood, L., (1991). Doing with very little: Treatment of homeless substance abusers. In Journal of Independent Social Work
- Berg, I.K. & Miller, S. D. (1992). Working with the problem drinker. New York: W. W. Norton.
- de Shazer, S & Berg, I.K. (1992). Doing therapy: A post-structural re-vision. In Journal of Marital & Family Therapy, vol. 18, No. 18

- Berg, I. K. & Miller, S.D., (1992). Working with Asian American client: One person at a time. In Families in Society, vol 73, no. 6
- Berg, I. K. & Jaya, A., (1993). Different and same: Family therapy with Asian-American families. In Journal of Marital and Family Therapy, vol. 19, no. 1, 31-38
- Berg, I. K. & de Shazer, S., (1993). Making numbers talk: Language in therapy. In Friedman, S.,(ed), The New Language of Change: Constructive Collaboration in Psychotherapy. New York: Guildford Press
- Berg, I. K., (1994). Family Based Services: A solution-focused approach. New York: W.. W. Norton
- Miller, Scott & Berg, I. K. Berg, (1995). Miracle Method: A radically new approach to problem drinking. New York: W. W. Norton
- Berg, I. K. & DeJong, Peter, (1996). Solution-building conversations: Co-constructing a sense of competence with clients. In Families in Society: The Journal of Contemporary Human Services, June, 1996.
- Berg, I. K. & Reuss, Norm, (1997). Solutions step-by-step: Substance abuse treatment manual. New York: W. W. Norton
- DeJong, Peter & Berg, I. K., (1998). Interviewing for Solutions. Pacific Grove, CA: Brooks/Cole Publishing
- DeJong, Peter & Berg, I. K., (1998). Learnerâ€™s Workbook for Interviewing for Solutions. Pacific Grove, CA: Brooks/Cole
- DeJong, Peter & Berg, I. K., (1987). Instructorâ€™s Resource Manual for Interviewing for Solutions. Pacific Grove, CA: Brooks/Cole
- Suberri, K. C. & Berg, I.K. (1997). Solution-focused therapy. In Directions in Rehabilitation Counseling, vol 3, lesson 12. New York: Heatherleigh Co.
- Hoyt, Michael & Berg, I. K., (1998). Solution-focused couple therapy: Helping clients construct self-fulfilling realities. In Dattilio, F., (ed), Integrative Cases in Couples and Family Therapy: A Cognitive-Behavioral Perspectus. New York: Guilford Press
- Berg, I.K. & Reuss, N. (1998). Solution-focused brief therapy: Treating substance abuse. In Mathews, W.J.. & Edgette, J.H. (Eds.), in Current Thinking and Research in Brief Therapy: Solutions, Strategies, Narratives, vol 2.. Philadelphia: Taylor & Francis
- Klar, H & Berg, I. K. (1999). Solution-focused brief therapy. In Lawson, D & Prevatt, F. (eds.), Casebook in family therapy. Pacific Grove, CA: Brooks/Cole
- Berg, I. K. & Kelly, Susan. (2000). Building solutions in child protective services. New York: W. W. Norton
- Berg, I. K. & Dolan, Y. (2001). Tales of solutions: Hope inspiring stories from around the world. New York: W. W. Norton



DeJong, P. & Berg, I. K. (2001, 2e). Interviewing for solutions. Pacific Grove, CA: Brooks/Cole.

DeJong, P. & Berg, I. K. (2001). Co-constructing cooperation with mandated clients. In Social Work, vol 46, #4, October.

### **Educational Resources - Videotapes**

Berg, I. K., *Irreconcilable differences: Solution-focused approach to couples therapy*, (1995). New York: W. W. Norton

Berg, I. K., *I'd hear laughter: Finding solutions for the family*. (1995). New York: W. W. Norton

Berg, I. K. & DeJong, P. (1996). *Over the hump: Part I: Solution-building with a multi-problem family*. Milwaukee: BFTC Press

Berg, I. K. & DeJong, P., (1996). *Over the hump: Part II: The problem of success*. Milwaukee: BFTC Press

Berg, I. K. & DeJong, P. (1996). *I Love my kids: Getting her children home*. Milwaukee: BFTC Press

Berg, I. K. & de Shazer, S. (1997). *No more lectures: Building solutions with a family in crisis: A consultation interview*. Milwaukee: BFTC Press

Berg, I. K. & Reuss, N., (1997). *Solutions Step by Step Video: Brief treatment of substance abuse and misuse*. New York: W. W. Norton.

Berg, I. K., Miller, G.; DeJong, P; Lutz, A. & Lutz, J (1998). "Talking solutions with mandated clients." Milwaukee: BFTC Press

DeJong, P. & Berg, I. K. (2001). *Interviewing for solutions video*. Pacific Grove, CA: Brooks/Cole.

### **Educational Resources - Audiotapes**

Berg, I. K., (1993). *Dying well*. Milwaukee: BFTC Press

Berg, I. K., (1994). *It's her fault: Treatment of domestic abuser*. Milwaukee: BFTC Press

Berg, I. K., & de Shazer, (1993). *A Tap on the Shoulder: 6 useful questions in building solutions*. Milwaukee: BFTC Press

Berg, I. K., (1994). *Back to the Future through the Past: Helping clients design their own solutions in sexual abuse*. Milwaukee: BFTC Press

Berg, I. K. & Jick, K., (1995). *Making Home Visits: Part I: Setting a stage for success*. Milwaukee: BFTC Press

Berg, I. K. & Jick, K., (1995). *Making Home visits: Part II: Making a Difference*.

Milwaukee: BFTC Press

Sebold, J & Uken, Adriana, & Berg, I. K. (1998). Treating violence offenders: Accountability for solutions. Milwaukee: BFTC Press

Hansen, Cynthia & Berg, I. K. (2000). Making a difference with adolescents. Milwaukee: BFTC Press

Steiner, Therese & Berg, I. K. (2001). Children's solutions work. Milwaukee: BFTC Press